

Sun Hung Kai Properties Hong Kong 10K Challenge concludes with Wong Wan-chun setting a record in the Men's 10K Best in Hong Kong

「新鴻基地產香港十公里挑戰賽」完成 黃尹雋刷新男子10公里香港紀錄

The Group promotes healthy and sustainable living, and encourages people to exercise more for healthy, balanced lives. The Group collaborated with the Hong Kong Amateur Athletic Association to become the title sponsor of the Sun Hung Kai Properties Hong Kong 10K Challenge.

The 10K race was held in Tin Shui Wai in late October. The runners started on Wetland Park Road, and ran along Tin Ying Road and Hung Tin Road, and then back to the starting point. The runners gave it their all, aiming to set personal bests. Wong Wan-chun and Yiu Kit-ching won the overall champion for the Men's and Women's races respectively. Wong Wan-chun also broke the Men's 10K Best in Hong Kong record with a time of 30:51!

集團提倡健康及可持續生活，鼓勵大眾多做運動，實踐健康平衡生活。早前與香港業餘田徑總會合作，冠名贊助「新鴻基地產香港十公里挑戰賽」。

比賽於10月底在天水圍舉行，吸引一眾跑步愛好者參與，由濕地公園路出發，途經天影路和洪天路，再折返起點，全程10公里。各參賽健兒奮力作戰，以求突破個人最佳時間。最終，黃尹雋和姚潔貞分別奪得男、女子組全場總冠軍；黃尹雋更以30分51秒的時間，打破男子10公里香港紀錄！



Group Deputy Managing Director Mike Wong (first right) and Executive Director Eric Tung (first left) present the plaques to the overall champions for the Men's and Women's races – Wong Wan-chun (second right) and Yiu Kit-ching (second left)

集團副董事總經理黃植榮（右一）與執行董事董子豪（左一）頒發獎座予男、女子組全場總冠軍黃尹雋（右二）和姚潔貞（左二）

SHKP Reading Club encourages reading with new activities for the new school year

新閱會新學年新活動 讓更多學生愛上閱讀



The Read & Share programme uses board games to attract young people to read more in this year
今年，「閱讀·分享」校園計劃透過桌遊，吸引年青一代多閱讀

The SHKP Reading Club's Read & Share programme has introduced a reading promotion sponsorship scheme in this academic year. Primary and secondary schools are invited to submit proposals to promote reading. The best ones will have a chance to receive a cash sponsorship and execute the proposal.

In addition, the Read & Share programme has leveraged dramas and board games to promote reading in different secondary schools this year, helping to make reading fun and inspiring. The programme invited a troupe to put a science love story, written by Zita Law, on the stage, followed by a discussion led by an author. Interesting topics and opinions about reading will also be shared. The programme invited board game pros to lead students to 'play and read'. Students will receive book recommendations for extended reading after playing the themed board games.

新閱會「閱讀·分享」校園計劃今年新增閱讀推廣贊助，邀請中小學提交推廣閱讀建議，只要有好構思，即有機會獲得現金贊助落實建議。

此外，「閱讀·分享」校園計劃今年以話劇及桌遊形式，前往不同中學推廣閱讀，輕鬆好玩又具啟發性。早前，計劃邀請劇團改編深雪的一部科幻愛情作品搬上舞台，在演出後邀請作家與同學討論劇情，引導他們思考，並分享閱讀有趣事及獨特看法。計劃亦邀請了桌遊專家帶領學生「玩閱讀」，透過玩不同主題的桌遊，再介紹相關好書作延伸閱讀。

SHKP volunteers enjoy biking fun with the visually impaired

集團義工與視障人士同享單車樂



SHKP volunteers ride tandem bikes with people with visual impairments to enjoy biking fun together
集團義工與視障人士騎乘雙人單車，齊齊享受單車樂

The SHKP Volunteer Team joined hands with the Hong Kong Blind Sports Federation to provide a one-year tandem bike training course under its Light Up Sports Programme to help people with visual impairments enjoy biking fun. Volunteers took special training sessions with a professional cycling coach before they were qualified to become sighted captains. Each volunteer partnered with a rider with visual impairment to cycle from Sha Tin to Tai Po and back to Sha Tin on a tandem bike. The participants had so much fun while fostering social inclusion.

集團義工隊與香港盲人體育總會合作「活力瞳心體育計劃」的雙人單車訓練班，協助視障人士享受騎單車的樂趣，活動為期一年。義工事前特別接受了專業單車教練的訓練，才合格成為視障人士的領航員。每位義工夥拍一位視障人士，一起騎乘雙人單車往返沙田至大埔，一同享受單車樂，以實際行動促進共融精神。

SHKP-Kwoks' Foundation donation supports rural doctors training programme held by the Hong Kong Poverty Alleviation Association

新地郭氏基金捐款予香港各界扶貧促進會 資助鄉村醫生培訓項目

Since its establishment in 2002, the SHKP-Kwoks' Foundation has actively supported the country's strategy of eradicating poverty through competency-based education. Financial assistance is provided to promising students from underprivileged families to help them pursue undergraduate studies. The Foundation has enhanced its poverty relief initiatives in recent years. The latest is a donation to the Hong Kong Poverty Alleviation Association in support of its Rural Doctors Training Programme in Nanjiang county, which is under Bazhong city in Sichuan.

Organized by the Nanjiang Health and Family Planning Bureau and the Nanjiang Health School, the five-term programme is providing advanced training to about 500 rural doctors in the county from 2018 to 2020. There will be a qualification assessment to wrap up the programme. Those who pass the assessment receive a Certificate of Proficiency from the Nanjiang Health and Family Planning Bureau, which entitles them to officially engage in local health and medical services, providing people with more convenient and timely diagnoses.

新地郭氏基金自2002年成立以來，積極響應國家的精準教育扶貧策略，為優秀的清貧學生提供經濟援助，讓他們有機會修讀大學課程。近年，基金深化扶貧攻堅工作，早前向香港各界扶貧促進會捐款，資助四川巴中市南江鄉村醫生培訓項目。



SHKP-Kwoks' Foundation Director Christopher Kwok (front, right) and Hong Kong Poverty Alleviation Association President Karson Choi (front, left) sign the donation agreement in the presence of Secretary-General Wen Hongwu of the Liaison Office of the Central People's Government in the HKSAR (back, centre)
新地郭氏基金董事郭基泓（前排右）與香港各界扶貧促進會會長蔡加讚（前排左）簽署捐贈協議書，由中聯辦秘書長文宏武（後排中）見證

該項目由縣衛計局及縣衛校承辦，於2018至2020年期間，舉辦五期鄉村醫生提升培訓班，為全縣約500名鄉村醫生進行培訓。培訓結束後，經考核合格的鄉村醫生將獲縣衛計局簽發合格證，屆時可正式投入村衛生醫療服務，為百姓帶來更快捷、及時的診斷。